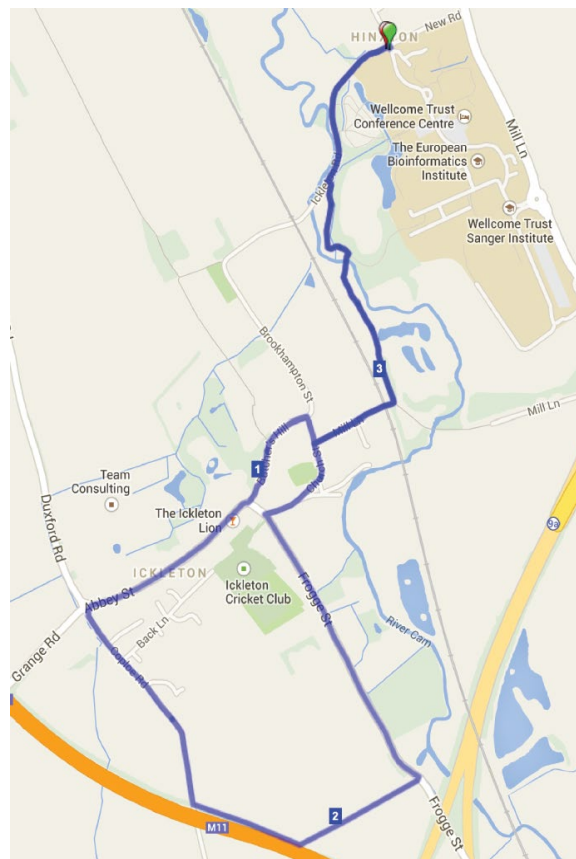


## Recommended running route

### Shorter route (3.6mi/5.8km)

#### Directions:

- Begin on the outside of the back gate: turn left onto the road, keeping on the left-hand side.
- Pass through a small gate, on your left, which gets you onto a path that runs around the back of the Campus grounds. It is a dirt then gravel path, which comes to a small wooden footbridge after several hundred yards. Cross over and follow the path right then left.
- After a bit, look out for a relatively large footbridge on your right that crosses a stream – cross this bridge.
- Remain on this path, which takes you alongside the Wetlands Nature Reserve (you can detour into the wetlands via paths on your left). You will come to a rail crossing on your right.
- **Please take great care when crossing the train track.**
- Continue down Mill Lane in Ickleton. At the end, turn right along Church Street, then left onto Butcher's Hill. Continue straight, pass the Ickleton Lion pub, on your left.
- Turn left onto Coploe Road after about a quarter mile. (If you get to the M11, you have gone too far!)
- Continue along Coploe Rd until you get to the motorway bridge - turn left onto a track before the bridge. Continue straight then left.
- When you join Frogge Street, turn left. There is a pavement on the right side of the road.
- Head back into Ickleton: turn right at Church Street, you will then pass the church on your left.
- Turn right onto Mill Lane, not far past the church. At the end of Mill Lane you are now back at the rail crossing.
- Retrace your steps through the nature reserve and along the trails back to Hinxton Hall Conference Centre.



#### Advice:

Please take maximum care when running near trains and cars.

If running at night, please wear reflective clothing and take a torch since most of the paths will be unlit.